

MOUNT VERNON

_____ at _____

The Ship

RESTAURANT & LOUNGE

24 BROADWAY

LYNNFIELD

www.mtvernonrestaurants.com

APPETIZERS

Artichoke Stuffed Rigatoni	\$ 4.99	Sweet Thai Calamari	\$7.99
<i>Rigatoni stuffed with artichoke hearts, spinach, ricotta and feta cheese, served with diced tomatoes and spinach in a light garlic butter sauce</i>		<i>Fried calamari tossed in sweet soy Thai chili sauce</i>	
		Also available traditional	5.99
Chicken Cordon Bleu Nuggets	\$5.99	Bacon Wrapped Scallops	\$7.99
<i>Chicken stuffed with imported ham and Swiss cheese served with dipping sauce</i>		<i>Sea scallops wrapped in crispy bacon</i>	
Lobster Tini	market price	Shrimp Cocktail	\$9.99
<i>Two lobster tails served in a martini glass</i>		<i>Four jumbo shrimp served with our zesty cocktail sauce</i>	
Captain's Steamers	\$12.99	Prosciutto Wrapped Shrimp	\$8.99
<i>Fresh clams sautéed in white wine, minced garlic and onions, served with broth and drawn butter</i>		<i>Warm shrimp and imported prosciutto served with sautéed spinach, goat cheese and golden raisins</i>	
New England Sampler	\$12.99	Crab Stuffed Mushrooms	\$5.99
<i>Clams casino, oysters Rockefeller and bacon wrapped scallops</i>		<i>Mushrooms loaded with crab, topped with lemon aioli</i>	
Buttermilk Soaked Vidalia Onion Rings	\$5.99	Lobster Ravioli Appetizer	\$7.99
<i>Crispy onions served with jalapeno ranch dressing</i>		<i>Lobster ravioli served over our homemade Newburg sauce</i>	
Sailor's Delight	\$13.99	Appetizer Combo Platter	\$10.99
<i>Chilled shrimp paired with freshly shucked oysters and cherrystones</i>		<i>Boneless buffalo chicken, fried mozzarella, cheddar jalapeno peppers and potato skins</i>	
		All items available separately	5.99

SALADS

Chef's Salad	\$8.99
<i>Fresh romaine and iceberg lettuce, topped with imported ham, turkey and cheese, served with fresh garden vegetables, a hardboiled egg, bacon and choice of dressing</i>	
The Commodore Salad	\$9.99
<i>Fresh grilled chicken served on a bed of romaine lettuce, tossed in raspberry vinaigrette with sweet dried cranberries, walnuts and crumbled bleu cheese</i>	
Caesar Salad Your Way	\$6.99
<i>Crisp romaine lettuce, tossed in our creamy Caesar dressing, served with croutons, shredded parmesan and grated Romano cheese</i>	
Topped with Chilled Shrimp	\$10.99
Topped with Grilled Chicken	\$9.99
Topped with Chilled Lobster Meat	\$15.99
Cobb Salad	\$9.99
<i>Chopped Romaine lettuce, grilled chicken, tomatoes, Maytag blue cheese, bacon, sweet dried cranberries, a hardboiled egg and avocado, tossed with jalapeno ranch and served with pita points</i>	
Garden Side Salad	\$1.99
<i>Fresh garden salad with your choice of dressing</i>	

SOUPS

Homemade Soup Du Jour

Made fresh daily from our chef's finest recipes

cup \$ 2.99 bowl \$ 3.99

Homemade Clam Chowder

Our classic homemade chowder, piping hot and filled with fresh Ipswich clams

cup \$ 3.99 bowl \$ 4.99

Lobster Bisque

Rich and creamy, made with cream, sherry and brandy

cup \$ 4.99 bowl \$ 5.99

Crock of Onion Soup

\$ 4.99

Delicious, served in a crock and smothered with melted cheese

SANDWICHES

All sandwiches served with your choice of French fries, Vidalia onion rings, cole slaw or homemade potato salad

Add sweet potato fries for \$1.00

Mile High Rueben

\$7.99

Thin sliced red corned beef piled on thick marble rye, dressed with sauerkraut, Thousand Island and melted Swiss cheese

Jumbo Lobster Salad Roll

\$16.99

Fresh Maine lobster lightly tossed in mayonnaise and chopped celery, served in a Portuguese roll

Roast Beef Sandwich

\$6.99

Our famous roast beef sandwich piled on a toasted roll with lettuce and tomato

Grilled Rosemary Chicken Sandwich

\$8.99

Grilled chicken, rosemary, roasted red peppers, pesto and mozzarella on ciabatta bread

Hot Pastrami Sandwich

\$7.99

Fresh thinly sliced lean red pastrami served on a toasted roll

Fried Haddock Sandwich

\$7.99

Fresh haddock topped with melted American cheese, tartar sauce, lettuce and tomato, piled on a toasted roll

Club Sandwich

\$7.99

Your choice of grilled chicken, roast beef or turkey, piled high on layers of white toast with bacon, lettuce, tomato and mayonnaise

Bacon Blue Burger

\$7.99

A ½ pound prime burger infused with crumbled bleu cheese and bacon, served with lettuce and tomato

Captains Burger

\$7.99

A ½ pound prime burger topped with sautéed mushrooms, melted Swiss cheese and bacon, served with lettuce and tomato

First Mate Burger

\$7.99

A ½ pound prime burger topped with caramelized onions, cheddar cheese and bacon, served with lettuce and tomato

Honey Mustard Chicken Wrap

\$7.99

Grilled chicken, honey mustard, jack and cheddar cheese, caramelized onions, lettuce and tomato served in a soft tortilla

Traditional Tuna Melt

\$7.99

Tuna, lightly tossed in mayonnaise, grilled on dark marble rye and topped with melted Swiss cheese

Fried Clam Roll

\$12.99

Native Ipswich clams, lightly battered served in a toasted Portuguese roll with a side of tartar sauce

Scallop Corn Burger

\$8.99

Fresh sea scallops and native corn, pan seared and served with chipotle aioli, lettuce, tomato and bacon, on a toasted roll

SEAFOOD SELECTIONS

Home of our Famous Twin Lobster Special

Please ask your server for today's price

SHELLFISH

Lobster Casserole **\$19.99**

Fresh Maine lobster tossed in our crumbled cracker stuffing, served with potato and vegetable

Baked Stuffed Shrimp **\$14.99**

Four shrimp topped with our jumbo lump crab stuffing, served with potato and vegetable

Baked Scallops **\$13.99**

Fresh sea scallops tossed with lightly seasoned bread crumbs, served en casserole with potato and vegetables

Jalapeno & Lime Tilapia **\$13.99**

Fresh Tilapia encrusted with jalapeno and lime zest, served with potato and vegetable

Scallops Moranda **\$14.99**

Fresh sea scallops poached in white wine, topped with baby spinach, crumbled bacon, melted jack and cheddar cheese, served with potato and vegetables

FRESH FISH

Seafood Paella **\$12.99**

Medley of fresh seafood, vegetables and sausage, served with saffron rice

Baked Haddock **\$11.99**

The freshest available, topped with lightly seasoned bread crumbs, served with potato and vegetable

Salmon Rockefeller **\$14.99**

Pan seared salmon topped with Maine lobster, baby spinach and hollandaise sauce, served with potato and vegetable

Orange Ginger Swordfish **\$14.99**

Fresh grilled swordfish with an orange ginger glaze, topped with pineapple salsa, sweet potato hay, served with potato and vegetable

Filet of Sole **\$12.99**

Filet of Dover sole stuffed with our homemade Maryland lump crab, topped with Newburg sauce, served with potato and vegetable

FRIED SEAFOOD

Fisherman's Platter **\$18.99**

A jumbo platter of fresh native fried clams, haddock, shrimp and scallops, served with cole slaw, tartar sauce and cocktail sauce, served over fries and onion rings

Fish & Chips **\$9.99**

Fresh haddock, lightly battered and deep fried, served over fries and onion rings, with cole slaw and tartar sauce

Fried Shrimp **\$9.99**

Eight shrimp lightly battered and deep fried, served over fries and onion rings, with cole slaw and a sweet Chili Thai dipping sauce

Fried Scallops **\$13.99**

Fresh scallops lightly battered, served with fries, onion rings and cole slaw

Native Fried Clams **\$14.99**

Fresh native Ipswich clams, lightly battered, served with fries, onion rings and cole slaw

Consuming raw or undercooked fish, seafood or meat may increase risk of food borne illness

BEEF SELECTIONS

Slow Roasted Prime Rib of Beef **\$12.99**

A generous cut, cooked to your liking, served au Jus with potato and vegetable

Grilled Pork Chop **\$9.99**

A center cut bone in chop topped with roasted Fuji apples, served with potatoes and vegetable

Steak Tips **\$11.99**

Marinated sirloin tips, char broiled, served with potato and vegetable

Steak Oscar **\$13.99**

Petite center cut sirloin steak topped with fresh crab, asparagus and hollandaise sauce, served with potato and vegetable

Petite Top Sirloin **\$9.99**

Petite center cut sirloin steak topped with sautéed peppers, onions and mushrooms, served with potato and vegetable

Liver & Onions **\$8.99**

Sautéed beef liver and caramelized onions, topped with crispy bacon, served with potato and vegetable

POULTRY SELECTIONS

Chicken Teriyaki **\$ 8.99**

Fresh boneless breast of teriyaki chicken served with potato & vegetables.

Roasted Chicken **\$ 9.99**

Fresh ½ chicken, baked to perfection, served with cranberry sauce, mashed potato and vegetable

BBQ Turkey Tips **\$ 9.99**

Marinated tenderloin turkey tips, grilled, served with potato and vegetable

ITALIAN SELECTIONS

Chicken Parmigiana **\$8.99**

Served over ziti or linguini with our homemade marinara sauce

Veal Oscar **\$16.99**

Sautéed veal, topped with fresh Maine lobster, asparagus and hollandaise sauce, served with rice

Veal Parmigiana **\$ 11.99**

Served over ziti or linguini with our homemade marinara sauce

Lobster, Asparagus & Sweet Corn Risotto **\$14.99**

Fresh Maine lobster, asparagus and sweet corn, tossed with creamy risotto

CHILDREN'S SPECIALS

Fish & Chips **\$5.99**

Steak Tips **\$5.99**

Grilled Cheese **\$3.99**

Hot Dog & French Fries **\$3.99**

Chicken Fingers **\$5.99**

Roast Beef Dinner **\$5.99**

Linguini or Ziti & Meatballs **\$3.99**

Cheeseburger **\$4.99**